

Step Your Way 2024

Week 1: Goal 35,000 steps per week (5,000/day)		➔	Week 2: Goal 42,000 steps per week (6,000/day)		➔	Week 3: Goal 49,000 steps per week (7,000/day)	
Monday 10/7			Monday 10/14			Monday 10/21	
Tuesday 10/8			Tuesday 10/15			Tuesday 10/22	
Wednesday 10/9			Wednesday 10/16			Wednesday 10/23	
Thursday 10/10			Thursday 10/17			Thursday 10/24	
Friday 10/11			Friday 10/18			Friday 10/25	
Saturday 10/12			Saturday 10/19			Saturday 10/26	
Sunday 10/13			Sunday 10/20			Sunday 10/27	
Weekly Total:	0		Weekly Total:	0		Weekly Total:	0
Week 4: Goal 56,000 steps per week (8,000/day)		➔	Week 5: Goal 63,000 steps per week (9,000/day)		➔	Week 6: Goal 70,000 steps per week (10,000/day)	
Monday 10/28			Monday 11/4			Monday 11/11	
Tuesday 10/29			Tuesday 11/5			Tuesday 11/12	
Wednesday 10/30			Wednesday 11/6			Wednesday 11/13	
Thursday 10/31			Thursday 11/7			Thursday 11/14	
Friday 11/1			Friday 11/8			Friday 11/15	
Saturday 11/2			Saturday 11/9			Saturday 11/16	
Sunday 11/3			Sunday 11/10			Sunday 11/17	
Weekly Total:	0		Weekly Total:	0		Weekly Total:	0

Grand Total:	0
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Steps Remaining	270,000
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